

**Yield of Seeds - Nuts**

<b>Type of seed</b>	<b>Total Oil to Seed %</b>	<b>Oil Extraction %</b>	<b>Extraction Efficiency %</b>	<b>Grams Oil per Hour</b>	<b>Liters Oil per Hour</b>	<b>Kg Seeds per Hour</b>
<b>Almond</b> Prunus dulcis	65	58	89	1249	1.40	2.2
<b>Argan Kernel</b> Argania spinosa L.	60	50	83	925	0.9	1.9
<b>Babassu</b> Orbignya phalerata	73	62	85	1227	1.36	2.0
<b>Beechnuts</b> Fagus sylvatica	38	29	77	501	0.56	1.7
<b>Black mustard</b> Brassica nigra	37	19	52	240	0.3	1.4
<b>Brazil nuts</b> Bertholletia excelsa	59	40	83	795	0.9	2.2
<b>Camelina</b> Camelina sativa	40	21	53	-	-	-
<b>Chia seed</b> Salvia hispanica	40	32	80	820	0.9	2.8
<b>Cocoa beans (with seed-coat)</b> Theobroma cacao	57	37	65	1158	1.29	2.5
<b>Coconut (Copra oil)</b> Cocos nucifera	68	59	87	1839	2.0	3.1
<b>Coconut (Copra cream)</b> Cocos nucifera	1367 grams / hour (extraction 45%) <b>IMPORTANT:</b> the press cake could be dried and the oil can be pressed					

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<b>Hazelnut</b> avellana	68	55	81	1328	1.47	2.4
<b>Hemp seed</b> Cannabis sativa subsp. sativa	34	23	68	1095	1.21	4.8
<b>Jatropha (Shelled and without Seed-coat)</b> Jatropha curcas	70	54	77	1408	1.56	2.0
<b>Jatropha (with Shell)</b> Jatropha curcas	42	32	77	533	0.58	1.6
<b>Linseed / flaxseed</b> Linum usitatissimum	40	34	85	1855	2.1	5.4
<b>Moringa (Shelled)</b> Moringa oleifera	29	20	70	170	0.5	2.4
<b>Niger seed</b> Guizotia abussinica	43	36	84	1490	1.66	4.1
<b>Oil palm kernel</b> Elaeis guineensis	68	46	68	1280	1.42	2.8
<b>Peanut / Groundnut (shelled)</b> Arachis hypogaea	57	40	70	1468	1.65	3.6
<b>Perilla</b> Perilla frutescens	40	35	88	805	0.9	2.6
<b>Pistachio (shelled)</b> Pistacia vera	50	44	87	712	0.8	2.0

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<b>Pumpkinseed</b> Cucurbita napus	46	39	86	570	0.63	1.5
<b>Rapeseed / Canola</b> Brassica napus	44	33	75	1524	1.69	4.5
<b>Sacha Inchi (with the Shell)</b> Plukenetia volubilis	61	52	85	772	0.9	1.7
<b>Safflower</b> Carthamus tinctorius	27	22	78	1100	1.22	5.0
<b>Sesame</b> Sesamum indicum	60	46	77	1738	1.93	3.8
<b>Soya beans</b> Glycine max	21	12	58	210	0.3	4.0
<b>Sunflower (black oil seed)</b> Helianthus annuus	45	35	80	1200	1.33	3.5
<b>Sunflower (striped shell, non oil seed)</b> Helianthus annuus	--	22	--	315	0.47	--
<b>Tea tree seed</b>	34	24	70	259	0.3	1.2
<b>Walnut (kernel + partition)</b> Juglans	71	63	89	894	1.0	1.4